- 1. A system for professional development, said system comprising the steps of: providing training that teaches skills;
 - providing a matrix for said training, wherein said matrix incorporates said skills learned in said training into the workflow and daily activities of a professional undergoing said training;

providing work sheets and guidelines within said matrix for integrating said training into an environment wherein said professional works;

assessing the success of said training in improving the performance of said professional; and

providing evaluations of the success of said training.

- 2. A system as in claim 1, wherein said step of providing evaluations of the success of said training, further comprises providing evaluations to said supervisor of said professional.
- 3. A system as in claim 1, wherein said step of providing evaluations of the success of said training, further comprises providing evaluations to said professional for self-assessment.
- 4. A system as in claim 1, wherein said training is professional development training.
- 5. A system in claim 1, wherein said training is provided on-line.

6. A system in claim 5, wherein said on-line training comprises audio, video or DVD training.

7. A system for professional development, said system comprising the steps of:

providing on-line professional development training;

providing a matrix for said on-line professional development training, wherein said

matrix incorporates skills learned in said professional devleopment training into

the workflow and daily activities of a professional undergoing said professional

development training;

providing work sheets and guidelines within said matrix for integrating said professional development training into said professional's environment;

assessing the success of said professional development training in improving the performance of said professional; and providing evaluations of the success of said professional.

8. The system of claim 1, wherein said matrix is based on standards provided by an industry.

- 9. In a system that includes a computer device, a method for providing professional training and development, the method comprising steps for:
 - providing information to a user, wherein said information relates to a particular profession;
 - enabling said user to learn skills and knowledge from said information that can be incorporated into said user's particular profession;
 - enabling said user to organize an instructional plan relating to said information, wherein said instructional plan is based on said skills and knowledge acquired by said user and;

electronically assessing said user's knowledge of the information.

- 10. A system as in claim 9, wherein said step of providing information to a user further comprises said user accessing said information on-line.
- 11. A system as in claim 9, wherein said information is based on standards regulating said particular profession.